

All your favorite brands

Spring into great savings!

Look for over 50 coupons throughout the store.

save
over \$72

save with **coop deals**

50¢ off

The Grandpa Soap Co.

Any Item
(Excludes Travel Items)



Present one coupon per item purchased. Limit of one coupon per shopping trip. Expires 4/30/23.

save with **coop deals**

\$1.00 off 2

Annie's

Any Two Cracker Items



Present one coupon per two items purchased. Limit of one coupon per shopping trip. Expires 4/30/23.

save with **coop deals**

\$1.00 off

Just

Any Item



Present one coupon per item purchased. Limit of one coupon per shopping trip. Expires 4/30/23.

save with **coop deals**

\$1.00 off

Jolly Llama

Any Item



save with **coop deals**

\$3.00 off

Natural Vitaliz

Any Item



find savings throughout the store!



save with **COOP deals.**

\$2.00 off

Boiron
Any Allergym Calm Tablets

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **COOP deals.**

50¢ off

Runa
Any 12-16 oz. Energy Beverage

Present one coupon per item purchased. Limit of four coupons per shopping trip. **Expires 4/30/23.**



save with **COOP deals.**

\$1.00 off

Vita Coco
Any 33.8 fl. oz. Coconut Water or Coconut Milk

Present one coupon per item purchased. Limit of six coupons per shopping trip. **Expires 4/30/23.**



save with **COOP deals.**

\$3.00 off 2

Field Roast
Any Two Refrigerated Items

Present one coupon per two items purchased. Limit of two coupons per shopping trip. **Expires 4/30/23.**



save with **COOP deals.**

\$1.50 off 2

Mavuno Harvest
Any Two Items

Present one coupon per two items purchased. Limit of two coupons per shopping trip. **Expires 4/30/23.**



save with **COOP deals.**

\$1.00 off 2

Purely Elizabeth
Any Two Hot Cereals

Present one coupon per two items purchased. Limit of two coupons per shopping trip. **Expires 4/30/23.**



save with **COOP deals.**

\$2.00 off

Artisana Organics
Any 8 oz. or 14 oz. Jar

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 4/30/23.**



save with **COOP deals.**

\$1.50 off 2

Snack Factory
Any Two Items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **COOP deals.**

75¢ off

Organic Valley
Any 16 oz. Sour Cream

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 4/30/23.**

find savings throughout the store!



save with **coop deals.**

\$1.00 off 2

Annie's
Any Two Cracker or
Graham Items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **coop deals.**

50¢ off

Food For Life
Any 24 oz. Bread

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **coop deals.**

\$1.00 off

Culture POP
Any 4-pack Item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **coop deals.**

\$1.00 off

Jolly Llama
Any Item

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 4/30/23.**



save with **coop deals.**

50¢ off

Kirk's
Any Item
(Excludes Travel Items)

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **coop deals.**

\$1.00 off

Spudsy
Any Item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**

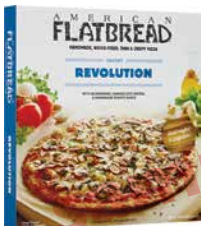


save with **coop deals.**

50¢ off

The Grandpa Soap Co.
Any Item
(Excludes Travel Items)

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **coop deals.**

\$1.00 off

American Flatbread
Any Frozen Pizza

Present one coupon per item purchased. Limit of four coupons per shopping trip. **Expires 4/30/23.**



save with **coop deals.**

\$1.00 off

Nature's Bakery
Any 6 ct. Item

Present one coupon per item purchased. Limit of four coupons per shopping trip. **Expires 4/30/23.**

find savings throughout the store!



save with **coop deals.**

\$1.00 off

Melt Organic
Any Organic Item

Present one coupon per item purchased. Limit of four coupons per shopping trip. **Expires 4/30/23.**



save with **coop deals.**

\$1.00 off 2

Just Ice Tea
Any Two Ice Tea Bottles

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **coop deals.**

\$3.00 off

Biochem
Any Item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **coop deals.**

\$2.00 off

Siete
Any Burrito Tortillas

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **coop deals.**

50¢ off

Crazy Richard's
Any Item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **coop deals.**

\$1.00 off

Bachan's
Any Item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **coop deals.**

\$1.00 off

Zack's Mighty
Any Item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **coop deals.**

\$1.00 off 2

Plant Snacks
Any Two 5 oz. or
8 oz. Bags

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**

find savings throughout the store!



save with **COOP deals.**

\$2.00 off 2

Numi
Any Two Items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **COOP deals.**

\$2.00 off 2

Nixie
Any Two 8 Packs of Sparkling Water

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **COOP deals.**

\$2.00 off 2

Yachak Organic
Any Two 16 fl. oz. Items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **COOP deals.**

\$3.00 off

Whole Earth & Sea
Any Multivitamin

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **COOP deals.**

\$1.00 off

Just
Any Item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **COOP deals.**

\$2.50 off

Coolhaus
Any Item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **COOP deals.**

50¢ off

White Mountain
Any 16 oz. or 32 oz. Yogurt

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**

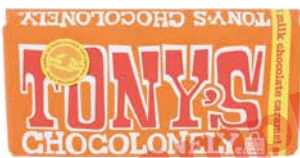


save with **COOP deals.**

\$1.00 off

Good Karma
Any 32 fl. oz. or Lunch Box Item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **COOP deals.**

\$1.00 off 2

Tony's Chocolonely
Any Two 6.35 oz. Bars

Present one coupon per two items purchased. Limit of two coupons per shopping trip. **Expires 4/30/23.**



find savings throughout the store!



save with **coop deals.**

\$1.00 off

Rudi's
Any English Muffin

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **coop deals.**

\$1.00 off

Frontier Co-op
Any Bottled Spices,
Herbs or Extracts

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **coop deals.**

\$1.00 off

Plant Boss
Any Item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **coop deals.**

50¢ off

All Terrain
Any First Aid Item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **coop deals.**

\$3.00 off

Garden Of Life
Any Vitamin Code or
Mykind Item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **coop deals.**

\$1.00 off 2

Brown Cow
Any Two 32 oz. Items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **coop deals.**

\$1.50 off

Good Culture
Any 15 oz.-16 oz. Cottage
Cheese

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **coop deals.**

\$2.00 off

CV Sciences
Any Item

Present one coupon per item purchased. Limit of three coupons per shopping trip. **Expires 4/30/23.**

find savings throughout the store!



save with **coop deals.**

\$1.00 off 2

Yogi
Any Two Items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **coop deals.**

\$3.00 off 2

Choice Organics
Any Two Items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **coop deals.**

\$2.00 off

Sir Kensington's
Any Item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **coop deals.**

\$1.00 off

Tom's Of Maine
Any Adult Toothpaste

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **coop deals.**

\$1.50 off 2

Made In Nature
Any Two Items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **coop deals.**

\$1.50 off 2

World Centric
Any Two Items

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **coop deals.**

\$3.00 off

American Health
Any Item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **coop deals.**

\$3.00 off

Natural Vitality
Any Calm Item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**



save with **coop deals.**

75¢ off

Happy Family Organics
Any Item

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 4/30/23.**