

# co+op basics®

Everyday Low Prices

## Cabot Creamery

Butter, 16 oz



**\$5.49** save \$0.80

## Monument Farms

Assorted Milk, 1 gal



**\$4.19** save \$0.70

## Pete & Gerry's

Medium Eggs, 12ct



**\$3.29** save \$1.20

## Field Day

Pastas, 16 oz



**\$1.99** save \$0.30

## Field Day

Pasta Sauces, 24 oz



**\$3.99** save \$0.70

## Field Day

Beans, 15 oz



**\$1.49** save \$0.40

## Field Day

Peanut Butter, 18 oz



**\$4.99** save \$0.70

## Field Day

Fruit Spread, 14 oz



**\$4.99** save \$0.70

## Field Day

Deluxe Mac Cheese, 6 oz



**\$1.99** save \$0.50

## Field Day

Bath Tissue, 12 Pack



**\$8.99** save \$2.50

## Produce

Carrots, per lb



**\$1.99/lb** save \$0.50/lb

## Produce

Bananas, per lb



**\$0.99/lb** save \$0.20/lb

## Dr. Bronner's

Bar Soaps, 5 oz



**\$3.99** save \$0.90

## Natures Plus

Animal Parade Kid's  
Multivitamins, 180 ct



**\$22.99** save \$4.70

## Natures Plus

Source of Life  
Multivitamins, 90 ct



**\$34.99** save \$5.30

SAVE ON OVER 273 CO+OP BASICS, LOOK FOR THE PURPLE TAGS IN-STORE.



# WAYS TO save!

## Co+op basics

Looking to stretch your grocery budget? We have relaunched our Co+op Basics program! With Co+op Basics, you can get everyday low prices on many of your favorite grocery and household items. Just look for the purple tags.

## Co+op deals

Save on more than 100 trusted food brands, supplements, and body care products with Co+op Deals. Look for the green sales tags. Download the Co+op Deals app in the Apple App Store or on Google Play to help plan your next trip to the Co-op! (Some items may not be available in-store.)

## member deals

Co-op Members receive special monthly sales curated just for you by our Co-op Staff. Members also have access to department and storewide discounts throughout the year. Become a Co-op Member and start saving!

## Co+op coupons

Get hot savings throughout the store with Co+op Coupons, available on the shelves near your favorite products.



# updates



Hunger Mountain Co-op's Annual Membership Meeting will be held on Thursday, Nov. 7, from 5 pm – 7:30 pm, at the Vermont College of Fine Arts Alumnx Hall, 36 College St. in Montpelier. We hope to see you there!



Each month, we feature a local organization as our Give Change register round-up recipient. Co-op shoppers can show their support by asking their cashier to round up to the nearest dollar when checking out.