# All your favorite brands

# Warm up with winter savings!

Look for over 40 coupons throughout the store.



### **East and Central**



Andrew & **Everett** 

Any slices or shreds

### **East**



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.** 

Present one coupon per item purchased. Limit of five coupons per shopping trip. **Expires 2/28/25.** 

save with coop deals.

**Atlantic Sea Farms** 

Any fermented condiment



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.** 

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 2/28/25.** 

save with coop deals.

save with coop deals.

**Avalon Organics** 

save with coop deals.

Any hair care item

4285



**Bass Brushes** 

Any brush

4286



Any two blue tubes

save with coop deals.

4288

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.** 

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.** 

**Brown Cow** 

Any 32 oz. yogurt





save with **COOP** deals.

**Essentials** 

Any item

4291



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.** 

save with cop deals.

Coconut Secret

Any sauce

4292

Present one coupon per item purchased. Limit of 10 coupons per shopping trip. **Expires 2/28/25.** 

**JANUARY/FEBRUARY 2025** Page 2



Present one coupon per item purchased. Limit of couper shopping trip. **Expires 2/28/25.** 

**Culture Pop** 

Any 4-pack



**Dr. Bronner's** 

save with cop deals.

Any chocolate bar



Present one coupon per item purchased. Limit of five coupons per shopping trip. **Expires 2/28/25.** 

Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.** 

save with coop deals.

**Divina** 

Any two items

4294



Present one coupon per item purchased. Limit of five coupons per shopping trip. **Expires 2/28/25.** 

save with coop deals.

**Fishwife** 

Any item

4296



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.** 

save with coop deals.

Any item

4297



Present one coupon per item purchased. Limit of three coupons per shopping trip. **Expires 2/28/25.** 

save with coop deals.

**Floradix** 

Any item

save with coop deals.



Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.** 

**Green Valley Creamery** 

Any two items

4300



save with coop deals.

**Grandy Organics** 

Any item

4299



Present one coupon per item purchased. Limit of five coupons per shopping trip. **Expires 2/28/25.** 

**JANUARY/FEBRUARY 2025** Page 3



Present one coupon per one items purchased. Limit of two coupons per shopping trip. Expires 2/28/25.

save with coop deals.

### **Health Ade**

Any 16 oz. kombucha



Present one coupon per item purchased. Limit of three coupons per shopping trip. **Expires 2/28/25.** 

save with coop deals.

### **Health Force**

Any Superfoods item



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.** 

save with cop deals.

### If You Care

Any item

4303



Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 2/28/25.** 

save with coop deals.

Ithaca

Any salsa

4304



MAPLE HILL

MAPLE HILL

KEFIR

save with coop deals.

**Maple Hill** 

Any yogurt or kefir

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.** 

Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 2/28/25.** 

save with coop deals.

## Lily's

Any chocolate bar or pouch

4306



Present one coupon per item purchased. Limit of 10 coupon per shopping trip. **Expires 2/28/25.** 

save with coop deals.

### **Mineral Fusion**

Any cosmetic or nail item



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.** 

save with coop deals.

**Miss Jones** Baking Co.

Any item

4309



# **Natural Factors**

Any 60 or 120 ct. single unit of vitamin B, D or K (excludes 2 pks.)

4310

**JANUARY/FEBRUARY 2025** Page 4



save with coop deals.

**Nixie** 

Present one coupon per two items purchased. Limit of one coupon per shopping trip. Expires 2/28/25. Any two 12 oz. cans



Present one coupon per item purchased. Limit of 25 coupons per shopping trip. **Expires 2/28/25.** 

save with coop deals.

Any letter vitamin or mineral



save with coop deals.

**Oatly** 

Any pint

4313



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.** 

save with coop deals.

Oregon's Wild **Harvest** 

Any capsule, extract or tonic

4314



Present one coupon per two items purchased. Limit of two coupons per shopping trip. **Expires 2/28/25.** 

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.** 

save with coop deals.

**Organic Valley** 

Any two packages of sliced cheese

4315



save with coop deals.

**Preserve** 

Any item

4317

Present one coupon per item purchased. Limit of four coupons per shopping trip. **Expires 2/28/25.** 

save with coop deals.

San-J

Any cooking sauce, soy, tamari or splash item

4318



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.** 

save with coop deals.

Simple Mills

Any baking or pancake mix

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.** 

**JANUARY/FEBRUARY 2025** 



Present one coupon per item purchased. Limit of couper shopping trip. **Expires 2/28/25.** 

**SmartyPants** 

Any item



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.** 

save with cop deals.

**Spectrum Essentials** 

Any item



Present one coupon per item purchased. Limit of two coupons per shopping trip. **Expires 2/28/25.** 

**The Honey Pot** 

save with coop deals.

Any item

4322



Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.** 

save with coop deals.

**Tia Lupita Foods** 

Any two hot sauces

4323



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.** 

save with **COOP** deals.

# Wedderspoon

Any drop, pops, lozenges, propolis sprays or gummies

4324



per shopping trip. Expires 2/28/25.

save with coop deals.

Wholesome

Any organic honey or pancake syrup

4325



save with coop deals.

Woodstock

Any two frozen pastas



Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.** 

save with coop deals.

Woodstock

Any nut butter



Present one coupon per two items purchased. Limit of one coupon per shopping trip. Expires 2/28/25.

save with cop deals.

Woodstock

Any packaged dried fruits, nuts, candy, seeds, snacks or mixes

4328



Present one coupon per two items purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.** 

save with coop deals.

Yachak Organic

Any two items

4329

Present one coupon per item purchased. Limit of one coupon per shopping trip. **Expires 2/28/25.** 

JANUARY/FEBRUARY 2025

Page 6