

# CO+OP basics®

Everyday Low Prices

**Cabot Creamery**  
Butter, 16 oz



**\$5.49** save \$0.80

**Monument Farms**  
Assorted Milk, 1 gal



**\$4.19** save \$1.10

**Nellie's**  
Medium Eggs, 12 ct



**\$3.99** save \$0.49

**ADM BULK**  
All-Purpose  
White Flour, per lb



**\$0.79 lb** save \$0.20

**Field Day**  
Paper Towels,  
1 jumbo roll



**\$1.99** save \$0.50

**Field Day**  
Beans, 15 oz



**\$1.49** save \$0.40

**Field Day**  
Peanut Butter, 18 oz



**\$4.99** save \$0.70

**Field Day**  
Fruit Spread, 14 oz



**\$4.99** save \$0.70

**Field Day**  
Pastas, 16 oz



**\$1.99** save \$0.30

**Field Day**  
Pasta Sauces, 24 oz



**\$3.99** save \$0.70

**Produce**  
Carrots, per lb



**\$1.89/lb** save \$0.60/lb

**Produce**  
Red Cabbage, per lb



**\$1.79/lb** save \$0.50/lb

**Dr. Bronner's**  
Bar Soaps, 5 oz



**\$3.49** save \$1.40

**Plaine Products**  
Bulk Citrus Lavender  
Shampoo, per lb



**\$11.99/lb** save \$2.90/lb

**Natures Plus**  
Source of Life  
Multivitamins, 90 ct



**\$34.99** save \$5.30

\*While we do our best to guarantee these prices for the duration of the flyer, they are subject to change.

SAVE ON OVER 273 CO+OP BASICS, LOOK FOR THE PURPLE TAGS IN-STORE.



# WAYS TO save!

## coop basics

Looking to stretch your grocery budget? We have relaunched our Co+op Basics program! With Co+op Basics, you can get everyday low prices on many of your favorite grocery and household items. Just look for the purple tags.

## coop deals

Save on more than 100 trusted food brands, supplements, and body care products with Co+op Deals. Look for the green sales tags. Download the Co+op Deals app in the Apple App Store or on Google Play to help plan your next trip to the Co-op! (Some items may not be available in-store.)

## member deals

Co-op Members receive special monthly sales curated just for you by our Co-op Staff. Members also have access to department and storewide discounts throughout the year. Become a Co-op Member and start saving!

## coop coupons

Get hot savings throughout the store with Co+op Coupons, available on the shelves near your favorite products.



## updates

— member —

## SHOPPING BENEFITS



Offset the cost of your membership by receiving exclusive member sales and discounts.

### MONTHLY MEMBER DEALS

Enjoy monthly member discounts.

### MEMBER SALES

Save up to 35% on our expanded Member Sales.

### PATRONAGE REFUNDS

**JOIN** *today* FOR \$15



Each month, we feature a local organization as our Give Change register round-up recipient. Co-op shoppers can show their support by asking their cashier to round up to the nearest dollar when checking out.